



A Training Program on



19 June, 2018

At Lignite Project-Rajpardi

Rule 40(1) of The Mines Rules-1955 stipulates that it shall be the duty of the owner, agent or manager of a mine to see that adequate and suitable arrangements are made for the training of persons in First Aid.

Looking to the statutory requirement, one day refresher training program through Occupational Health Service-Bhavnagar was organized at Lignite Project-Rajpardi on 19 June, 2018 by HR Department of GMDC Corporate Office.



Dr. Shailesh Jepiwala (Consulting Factory Medical Officer) from Occupational Health Service, Bhavnagar imparted the training at GVTC Lecture Hall of Rajpardi Project.

Total 37 employees of Rajpardi Project from various departments like Mining, Electrical, Mechanical, HR etc. were nominated to attend this training programme on 19 June, 2018 from 09.00 am to 05.00 pm.



At the outset, Safety Officer of Rajpardi Lignite Project, Sh. S.D. Jagani, welcomed Dr. Jepiwala by a bouquet. Then with the introduction session of each other, the proceedings of the training programme went on. .

First Aid & CPR generally consists of a series of simple and in some cases, potentially life saving techniques that an individual can be trained to perform with minimal equipment. The training covered the following topics and all the topics were full of lively examples, videos and some live group activities.

1. History & Basic need of First Aid
2. Heart Attack
3. First Aid Box
4. Types of bandages
5. Wound care & Dressing
6. Fracture & RICE Management
7. Poison & Its Treatment
8. How to treat and manage minor cuts, bleeding, burns, and snake bites, Dog Bite, Electric Shock etc.

9. Use of stretcher

10. How to treat an unconscious Person

11. Cardio Pulmonary Resuscitation (CPR)



Many practical demonstrations on First Aid were carried out during the training session.



The training was completed at 05.00 PM with feedback session.



The Training was indeed helpful in developing the first aid skills and refreshing the theoretical knowledge of first aid among the key personnel of the Project.

*Thanks...*